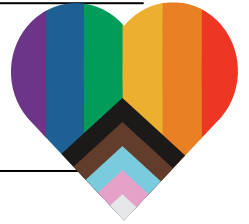

Bilingual Montessori Lab Academy



BMLA NEWS



July 2023 Issue



Summer Fun

Water play is magical. Our Tuesdays and Thursdays have been filled with wet fun! A huge shout out to the Tovar Family for having donated the gigantic water slide, the kids are having so much fun!

Our Water Day usually starts around 9:30 am when we get ready, change for outdoor fun. We ask that the children apply sunscreen before they come to school. Send sunscreen so that we can apply the sunscreen to the children before they play again after lunch.

LATEST NEWS FROM THIS ISSUE:

1. SUMMER FUN
2. WATER PLAY
3. SNACK LIST
4. MS. CLAUDIA IN PRAGUE
5. TIE DYE SHIRTS
6. UPDATES AND CHANGES
7. BEYOND DIVERSE CONNECTIONS AND FRIENDSHIPS
8. REMINDERS
9. PICTURES OF THE MONTH!



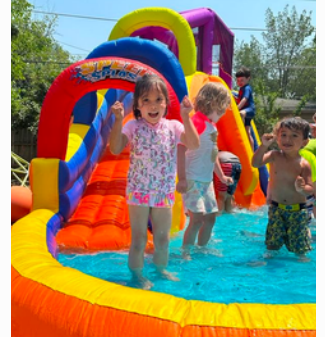
Water Play

The Children are being safe but having a lot of fun! Safety in all aspects is very important. Here are a few things to take into consideration:

RULES FOR KIDS

- Don't swallow the water from the pools, drink water from your water bottle.
- Harmful germs in the water can cause recreational water illnesses (RWIs). The most common symptoms of RWIs include diarrhea, vomiting, stomach cramps and fever. RWIs can also cause skin, ear, eye or respiratory symptoms. We never keep water overnight in any of our pools.
- No running, rough-housing or jumping.
- Encourage kids to avoid running on slippery splash pad surfaces. Not only will this help prevent fall injuries, but also collisions with other children.
- Sun protection is a must.
- Apply sunscreen 20 minutes prior to heading outside and again every two hours. Look for water-resistant brands with broad spectrum protection and an SPF of 30 or higher. Hats, sunglasses and other sun-protective gear are also helpful in preventing overexposure from the sun.
- Stay hydrated.
- Bring lots of water for you and your child to drink. It's important to rehydrate often when you're out in the hot sun.
- Send Sunscreen that is appropriate for your child's skin.

Thank you all for making this summer so much fun for all!



Ms. Claudia will be teaching teachers in Prague



This July, I am truly honored to have been selected to inspire other Montessori teachers around the world. I strive to work to inspire children, and teachers that love teaching, change the world. International Montessori teacher training gives us an opportunity to help in thought leadership, academic development, and it allows me to effectively develop bilingual education leaders, for a better tomorrow.

Ms. Roxana will support all needs while I am gone, and I am only an email away. I will return mid July.



WE MADE TIE DYE SHIRTS

HERE IS WHAT YOU NEED TO KNOW TO WASH IT AND
NOT RUIN YOUR CLOTHES

Things You'll Need

- **Bucket**
- **White vinegar**
- **1/2 cup salt**
- **Laundry detergent**

Soak the shirt for about 1/2 hour before washing it to make sure the color sets and does not stain other clothing.

Tip

Wash tie dye clothing separately from other clothing the first time you wash it. Add 1 cup of vinegar and salt to the wash water to maintain colorfastness.

Wash loose dye from fabric. Wear gloves while handling the fabric, as the dye will still stain your hands until after it has been washed. Place fabric under cold running water and rinse until no more dye comes out of the fabric. We always say "rinse until you're sick of rinsing." A lot of loose dye will wash out off the fabric. This is normal. The wash water may turn black or brown, and the fabric may look discolored with 'dirty' dye. This is normal as well. After rinsing, move to washing machine. You may wash several pieces at once, up to a full load, even if washing different colors. Front loading or low water washing machines tend to not wash out loose dye well, because they do not have enough water to dilute the dye and carry it away. Spend extra time rinsing if using a front loading or low water machine.

Hang dry your tie dye items to help keep colors bright.
Wash tie dye clothing with color safe bleach, which brightens colors.

Use regular laundry soap in amounts for a normal wash load. Wash fabric as many times as you need to until you've washed out all the loose dye and the water in the rinse cycle is clear.

NEXT YEAR CHANGE

Next year we will be implementing a change in our calendar after a lot of thought for August. Instead of having the last two weeks of August off, we will have the First two weeks of August off. The school year will end on August first, and the new School year will begin on Monday August 19th. We are letting you know a year in Advance to ensure we are all ready for the change in our schedule.

ORIENTATION 2023-24

Our next year's School Orientation will take place Wednesday August 16th.

We look forward to seeing all our Parents ready for next School year!



PICK UP

We would like all parents that have 3:15- 3:30 pick up times, to please be considerate of pick up times. We will start to charge parents that are late, a late pick up fee of \$25.00 for each late pick up.

PRIDE



Beyond Meaningful Diverse Connections and Friendships

In its truest form, Montessori education is a pedagogy of acceptance, love, and understanding. Maria Montessori developed a philosophy that preceded her time supporting the work of diversity, equity, and inclusion. She affirmed that “The needs of mankind are universal,” attesting that, “Our means of meeting them create the richness and diversity of the planet. The Montessori child should come to relish the texture of that diversity.” We know that “Differences do not create bias. Children learn prejudice from prejudice—not from learning about human diversity. It is how people respond to differences that teaches bias and fear.” NAEYC

At BMLA this month we have talked about the following themes considering workshops and equity work we have taken on as a means of peace and social justice for all:

- **Who Am I?**
- **Same/Different/Diversity**
- **Love Makes a Family**
- **Identifying Feelings and Developing Empathy**
- **Unfairness/Justice**
- **Speaking Up Against Unfairness/Activism**

At BMLA we adhere to goals set up by the NAEYC. to understand Anti-Bias Education. We are working toward bringing the Four Core Goals to Every Facet of our Curriculum. The Four core goals provide a framework for the practice of anti-bias education with children. Grounded in what we know about how children construct identity and attitudes, the goals help you create a safe, supportive learning community for every child. They support children’s development of a confident sense of identity without needing to feel superior to others; an ease with human diversity; a sense of fairness and justice; the skills of empowerment; and the ability to stand up for themselves or for others.

Goal 1: Identity:

- *Teachers will nurture each child’s construction of knowledgeable, confident, individual personal and social identities.*
- *Children will demonstrate self-awareness, confidence, family pride, and positive social identities.*

This Goal helps us to provide long-term commitment to nurturing each child’s individual, personal identity, anti-bias education emphasizes the important idea of nurturing children’s social (or group) identities.

Goal 2: Diversity

- *Teachers will promote each child’s comfortable, empathetic interaction with people from diverse backgrounds.*
- *Children will express comfort and joy with human diversity, use accurate language for human differences, and form deep, caring connections across all dimensions of human diversity.*

This goal means guiding children to be able to think about and have words for how people are the same and how they are different. It includes helping children feel and behave respectfully, warmly, and confidently with people who are different from themselves. Exploring differences among people also calls for us to set a balance. It amplifies presenting material to the children where we appreciate the similarities.

Goal 3. Justice

- *Teachers will foster each child’s capacity to critically identify bias and will nurture each child’s empathy for the hurt bias causes.*
- *Children will increasingly recognize unfairness (injustice), have language to describe unfairness, and understand that unfairness hurts.*

This goal is about building empathy. It provides an opportunity to build a sense of safety and a sense that everyone can and will be treated fairly. And the lessons build on young children’s implicit interest on what’s fair and what is not fair. WE talk a lot about what is fair, and why they think that.

PRIDE IS EVERYDAY

Goal 4 Activism

- *Our Teachers will cultivate each child's ability and confidence to stand up for oneself and for others in the face of bias.*
- *Children will demonstrate a sense of empowerment and the skills to act, with others or alone, against prejudice and/or discriminatory actions.*

Goal 4 is about giving children tools for learning how to stand up to hurtful and unfair biased behavior based on any aspect of social identity. Biased behavior may be directed at oneself or another. It may come from another child or adult or from children's books, television, and films. This goal strengthens children's development in perspective taking, positive interactions with others, and conflict-resolution education.

Children's questions, comments, and behaviors are a vital source of anti-bias curriculum. They spark teachable moments as well as longer-term projects for our classroom. However, it is not sufficient to do anti-bias activities only when a child brings up a relevant issue. Our teacher-initiated activities are also necessary. This way we are intentionally putting out materials and books to broaden children's awareness or planning specific learning experiences around issues that matter to families and our community.



AT BMLA we strive to be an inclusive and diverse community. We are proud of and very sensitive to each of our family's needs, current situations, and we see the love that vibrates through all the families of all the children in our community. We pay attention to the realities of each of the children's lives, and celebrate and embrace all explorations of ability, culture, economic class, gender identity, and racialized identity of every family in our community. We work on an ongoing examination of how people are simultaneously the same and different in our class discussions through the year, this provides children with a conceptual framework for thinking about the world they live in, that they are all safe, loved and accepted.

#LOVEWINS!

BMLA SNACK LIST

Family This

Week _____

Thank you so much for your contribution! Snacks will be available for the children all morning. Most snack options need to be individually packaged to offer them as an option for the children during this time of COVID. Individually packed snacks give us one more layer of protection, but we will start food prep. We will need fruits and vegetables again! Children will chop carrots, celery, apples, and prepare fresh orange juice, any and all fruit or vegetable you choose to bring! Sugary snacks are not encouraged, please avoid them. Popsicles are encouraged for hot days, children love them in the afternoons.

Snack List Options

Fruit

- Citrus: Orange or Grapefruit
- Clementines
- Grapes
- Bananas
- Berries
- Applesauce
- Whole apples
- Fruit
- Other: _____

Vegetable

- Carrots: Baby Large
- Celery
- Peppers
- Cucumber
- Avocado
- Tomato
- Squash
- Other: _____

Dairy

- Yogurt: Plain Flavored: _____
- Individual milk
- String cheese
- Cheese Block: Cheddar Swiss Mozzarella
- Other: _____

Miscellaneous food

- Popsicles (Icy)
- Jell-O cups
- Fruit snack
- Popcorn
- Other: _____

Crackers / Bread

- Cheese crackers
- Goldfish crackers
- Gluten free Crackers or bars

- Graham crackers
- Pretzels
- Rice cakes
- Pirate's Booty/Veggie individually packed
- Breakfast bars
- Granola bars
- Gluten-free options

Hudson has a New Baby Sister!



**Welcome
Hadley Quinn Hewitt!
21 inches. 8 lbs 12 oz.**

Clothing

The children Are going outside every day!

Please make sure your child has the following:

- **Summer clothes to change into**
- **bathing suit,**
- **water shoes,**
- **sunscreen,**
- **and towel**
- **Bag to put all belongings into**

Please Label EVERYTHING!

SUMMER

REMINDERS

- **PLEASE PUT SUNSCREEN ON BEFORE SCHOOL EACH DAY. SEND SUNSCREEN FOR YOUR CHILD LABELED. WE NEED TO APPLY AT LUNCH TIME AND WANT TO MAKE SURE WE HAVE THE RIGHT ONE FOR YOUR CHILD.**
- **TUESDAY AND THURSDAY ARE WATER DAYS.**
- **SHOW AND TELL EVERY FRIDAY.**
- **IF IT IS VERY HOT AND CHILDREN WANT TO GET WET, WE ALLOW THE CHILDREN TO GET WET AND REFRESHED. CLOTHES CHANGES NEED TO BE READY IN THEIR BOXES**
- **WATER DAYS, PLEASE BRING ALL YOUR CHILD'S BELONGINGS IN A LABELED BAG, NOT A PLASTIC BAG. CHILDREN LOSE THEIR BELONGINGS EASILY.**
- **PICK UP IS AT 3:30 AND 5:30. IF YOU ARE NOT ENROLLED IN AFTERSCHOOL, PLEASE BE PROMPT FOR 3: 15 – 3:30 PICKUP.**
- **JULY 3, NO SCHOOL, OFF FOR JULY 4TH WEEKEND. NO SCHOOL JULY 3 AND 4.**
- **SNACK, PLEASE INCLUDE POPSICLES WHEN YOU HAVE SNACK, THEY NEED THE EXTRA HYDRATION!**
- **REMEMBER, EACH CHILD SHOULD HAVE WATER SHOES AND INSIDE SHOES!**
- **HATS REALLY HELP THE CHILDREN STAY AWAY FROM THE SUN, PLEASE CONSIDER HAVING A SUN HAT FOR YOUR CHILD ON WATER DAYS**
- **THE LAST DAY OF THE SUMMER SESSION IS FRIDAY, AUGUST 18**





